

TINTON FALLS RECREATION TRACK & FIELD



Location:

Monmouth Regional High School Track

Program Dates/Times:

Mondays and Wednesdays, 6:00 PM

April 20, 22, 27, 29

May 4, 6, 11, 13, 18, 20

RUNNING TEAMS: K-1ST 2ND-3RD 4TH-5TH

Program Details:

Learn all about Track & Field events

Basic rules and running mechanics

Race your friends

Have fun exercising

Track and Field Events:

Sprints

Relays

Distance

Long Jump

Shot Put

Registration Dates:

March 13th through April 3rd

Register Online:

www.tintonfalls.com | Click link through CommunityPass

Program Cost: \$53.00

Looking for parents who maybe interested in helping out with the program or coach!

Tinton Falls Recreation:

recreation@tintonfalls.com | 732-542-3400 ext. 253

556 Tinton Avenue, Tinton Falls, NJ 07724