

# **Tinton Falls Seniors Tinton Falls, NJ 07724**

## **Activities Listing for 2023**

(Activities, Dates, & Times are subject to change without notice)

**All meetings are held on the 2<sup>nd</sup> Wednesday of each month.**

**Lunch will be served at 11:30am at each meeting. Business meeting at 12:00 pm.**

**Meetings will be held at Borough Hall, 556 Tinton Ave, Tinton Falls, N.J. 07724**

**All bus trips will leave from Borough Hall, Parking Lot to be Determined.**

Jan 11 Monthly Meeting 12:00 PM to 3:00 PM Sing-a-Long. Speaker: Leslie F. –Jersey Shore Post Acute, Neptune, NJ

Feb 8 Monthly Meeting 12:00 PM to 3:00 PM. Speaker: Matt from Caring People of Halicon – BINGO, Prizes

Mar 8 Monthly Meeting 12:00 PM to 3:00 PM Speaker: Kaitlyn from Arbor Terrace, Shrewsbury

**March 23, 2023- Italian Festival – Shore Club (Doolans), Rt. 71, Spring Lake – M: \$40-- G: \$61**

**Coordinator: Cathy Sievers (732-918-8040) 11:30 – 3:30 PM Deadline: March 8**

Apr 12 Monthly Meeting 12:00 PM to 3:00 PM Top Shelf Entertainment – Musical BINGO - Prizes

**April 16-22, 2023– Bus trip to Florida, Amelia Island, St. Augustine, Jacksonville - \$660 per person, Double occupancy.**

**Coordinator: Margretta Phillips (732-922-1356) (Wait List Only)**

May 10 Monthly Meeting 12:00 PM to 3:00 PM Art therapist with drawing project

Speaker: Leslie F. – Jersey Shore Post Acute, Neptune, NJ

**May 17 – Sight & Sound Theatre, Lancaster, PA –“MOSES” Lunch at Shady Maple Restaurant (buffet)**

**Deadline: April 12 Bus departs at 7:00 AM; Returns 7:30 PM (approx.) M:\$100– G: \$125**

**Coordinators: Ellen Goode (732-747-5945); Margretta Phillips (732-922-1356)**

June 14 Monthly Meeting 12:00 PM to 3:00 PM

**Seniorfest for TF Seniors in our meeting room. A special senior lunch will be sponsored by the Club to honor all members.**

July 12 Monthly Meeting 12:00 PM to 3:00 PM

Office on Aging, Joe C. Will deliver a Division Overview of resources, programs, disability, and veterans' information.

**July 21 -Annual Picnic -Rain date July 28 (Fridays)— no guests 11:30 am-3:00 pm**

**Sycamore Avenue Recreation Complex (next to Atchison School) (Picnic is free, but a \$10 deposit is required at sign up.**

**For Picnic Sign up see: Delpha Long (732-922-1477); Annette Rowan (732-425-5662)**

Aug 9 Monthly Meeting 12:00 PM to 3:00 PM

Speaker: Vincent Smith – Health Educator from Braven Health Presentation: The Wellness Challenge

**Aug 16–Anniv. Luncheon — Information to be Announced**

**Coordinators: Beth Clarke (732-389-1044); Cathy Sievers (732-918-8040)**

Sept 13 Monthly Meeting 12:00 PM to 3:00 PM

Speaker: Chris Brown from Imperial Healthcare Presentation: “How to Advocate the Language of Healthcare”

**Sept. 11- 15, 2023 (Bus Trip) Vermont (Wait List Only) \$775.00 per person, based on double occupancy**

**Coordinator: Margretta Phillips (732-922-1356)**

**October 4 *Octoberfest* - Shore Club (Doolans), Rt. 71, Springlake – M: \$40-- G: \$61. 11:30 – 3:30 PM**

**Coordinator: Margretta Phillips (732-922-1356) Deadline: September 13**

**Oct 11 Monthly Meeting 12:00 PM to 3:00 PM**

**Speaker:** Jake Whalen, Medicare Representative – “Senior Moments” Information about MC and changes to MC

**Nov 8 Monthly Meeting 12:00 PM to 3:00 PM**

**Speaker:** Chris Brown, Imperial Healthcare – “*Casino Afternoon with Kevin*” Play Casino Games for 1 ½ hrs; Prizes,

**November 15 Thanksgiving Luncheon Cost to be announced 12- 3 PM, M: \$.00 – G: \$.00**

**Coordinators: Margretta Phillips (732-922-1356); Deadline: October 11**

**Dec 13 Monthly Meeting 12:00 PM to 3:00 PM**

**Dec. - Holiday Luncheon – Dates and cost to be announced 11:30 AM– 3:30 PM M: \$.00 – G: \$ Deadline: November 8**

**Coordinators: Pat Taylor (732-389-2029) Annette Rowan (732-425-5662)**

### **Tinton Falls Seniors (TFS) Membership**

Any resident who is 55 of age may become a member of the Tinton Falls Seniors (TFS). To do this, they must fill out a registration form, show proof of residency in Tinton Falls and pay current dues of \$10.00 with check only. In order to remain a current member of TFS, you must pay the annual dues between January and March. You may register and pay membership dues at any regular meeting of the TFS. TFS meetings are held on the 2<sup>nd</sup> Wednesday of the month. In order to participate in the additional TFS activities (luncheons and trips) you must have paid your annual dues.

**NO CASH PLEASE Make All Checks Payable to: Tinton Falls Seniors**

**Rosemary Kochman - Membership Chairperson Patricia Taylor – New Member Registrar**

### **TFS Luncheon and Trip Information**

TFS members must sign up and pay for any trip or luncheon no later than one month prior to the event at the monthly TFS meeting. As of that time there will be **no** refunds for the event except for a validated medical event.

### **Important TFS Trip Requirement**

All trip passengers **must** give the name, address, and phone number of someone to be notified, in case of emergency. This information will be furnished to the police liaison officer for your protection.

### **All Trip Travelers are at Your Own Risk**

All buses will leave from: **Tinton Falls Borough Hall, Parking Lot C, 556 Tinton Avenue, Tinton Falls, NJ 07724**

**On same day trips:** buses leave from the back parking lot, in the back of Borough Hall, past the Police Parking Log, up the hill to the right. **Members should not park behind the Police Department.**

### **Disclaimer:**

The Tinton Falls Seniors Group is a **non-profit** group of seniors established for the purpose of socializing through meetings, luncheons, bus trips and other activities. Participation in any of our activities is solely the responsibility of the participant. It shall be understood that The Tinton Falls Seniors Group shall not be held responsible for liabilities or losses of any kind.